



Mental Health Nurse Academics (UK)

Promoting and advancing UK Mental Health Nursing education, research, policy and practice

Notes of Meeting held on 12th June 2014 at London South Bank University

Chair: Michael Coffey

Present: Michael Coffey (Swansea University), Sally Hardy and Tom Currid (LSBU), Natalie Hammond and Cath Gamble (Nurse consultants group), Ben Hannigan and Linda Cooper (Cardiff), Patricia Ryan-Allen (Greenwich), Liz Hughes and Anita Savage-Grainge (York), Laetitia Zeeman (Brighton), Ian Hulatt (RCN), John Baker and Tommy Dickinson (Manchester), Paul Linsley (Lincoln), Andy Mercer (Bournemouth), Joy Duxbury, Karen Wright, Mick McKeown and Fiona Jones (UCLAN), Alan Simpson (City University), Julia Terry (Swansea), Mike Fleet (Teesside), Andrew Clifton (Huddersfield), Mairi Byrne and Cathy Griffiths (Edgehill), Jim Turner and Russell Ashmore (Sheffield Hallam), Dave Coyle (Bangor), Tony Warne and Sue McAndrew (Salford), Andrew Ramtohul (Northumbria), Gerry Shepherd (Oxford Brookes), Greg Rooney (Herts), Rachel Hadland (UWE), Olive McKeown (UEL), Doug McInnes (Canterbury), Peter Nolan (Staffordshire), Tony Leiba (LSBU), Len Bowers and Laoise Renwick (IoP)

Apologies: Lawrie Elliot (Napier and JPMHN), Kevin Moore and Marie O'Neill (Ulster), Steven Prymachuk (Manchester), Kath Padgett, Steve Lyon, John Playle (Huddersfield), Gwenne Macintosh (Napier), Peter Morrall (Leeds), Gordon Mitchell (Teesside), Michael Kelly (Kings), Bob Tummey (Coventry), Lynda Smithies (Keele), Val Howatson (Glasgow), Matt Bowen (Chester), Alec Grant (Brighton), Jacquie White (Hull), Nicola Evans (Cardiff), Vicky Clarke (BCU),

Welcome from the Chair and Introductions

Michael Coffey opened the meeting and thanked Sally Hardy and Thomas Currid for the organisation and hosting of the meeting.

Welcome to South Bank University

Professor Dave Phoenix Vice Chancellor of LSBU welcomed MHNAUK to South Bank University.

Reciprocity: What lessons are there for a contemporary agenda? Introduced by Sally Hardy

Presentation 1: Colin Gale, Archivist, Bethlem Museum of the Mind
'As if to, drive me mad: an Edwardians experience of sedatives and the asylum'

Presentation 2: Tony Leiba, Emeritus Professor LSBU
'Lessons of social inclusion through policy'

Presentation 3: Tommy Dickinson, Lecturer, Manchester University
"Curing Queers": Giving a voice to former patients who received treatments for their "sexual deviations", 1935-1974

Business

Item 1: Nurse Consultants Group

Natalie Hammond and Cath Gamble

Catherine Gamble & Natalie Hammond presented the role of the nurse consultant and the academic community. The multifaceted role was described as existing within a four domain framework, established by founding members of the nurse consultant association. Currently they are aiming to create stronger connections with partners such as MHNAUK. At a recent meeting with Jane Cummings they emphasised the need to challenge the conformity of the role and re-establish the importance of both clinical, academic and research components

A number of discussions points were raised:

- How are NCs perceived? What are the operational expectations?
- ? stronger associations with National institute of Health Research a possibility? – they have funded some NC roles
- What is the USP of the NC? Is the profile sufficiently well-articulated?
- What is the career progression for the NC?
- Trust specific v national roles?
- MC asked the question what do the NC group want from MHNAUK? - suggested that we could influence the shaping of the academic clinical role.
- How does it fit with the clinical nurse researcher? [are they NC's in the making]
- Is the NC role about implementing research or conducting research? Teaching? In HEI's

The meeting resolved to offer a non-voting position to the nurse consultant group to attend future MHNAUK meetings to continue discussions and refine the focus of work to our mutual benefit.

Item 2: Review of nurse education in England

Andy Mercer

Discussion facilitated by Andy M

Shape of caring review – post-Francis, NMC review HEE signed up to this to ensure high quality nurse education that supports high quality patient care. England only, but may have implications for other countries in the UK

Developing principles and implementation plan.

Introduced Framework 15. Explicit reference to co-production.

Discussions:

- Base-line price discussions on-going currently.
- Possible apprenticeships? Division of commissions to include a diversity of roles rather than just nurses.
- The move towards generic nursing may be apparent here.
- What is the rationale for multiple entry points?
- Some universities will cease to provide nurse training.
- All service models being restricted by historically determined professional models
- IH offered to collate docs and create a paper to respond to a possible consultation
- Should we approach the lead for the review re a MHNAUK perspective on this. IH offered to facilitate this.

Item 3: Physical health position paper developments

Patricia Ryan-Allen and Jacqui White

MC reflected on the presentations from Pat and Jacqui given at the previous MHAUK meeting.

A position paper has been produced by Pat and Jacqui. MC provided a draft from copy of this.

MC raised issue of value of developing position papers, for example, some good responses already coming through from a previous position paper re dementia care

The group considered the draft position statement on physical health responses for people with SMI with many suggestions for refining the focus of this including;

- ? where are families in this?
- Could we conclude with a strong statement re NO MHN SHOULD EVER SAY THAT PHYSICAL HEALTH PROBS ARE NOT THEIR PROBLEM
- Exercise and health and well-being
- Iatrogenic effects of psychotropic meds
- Smoking effects/ smoking cessation
- Alcohol and substance misuse

- Physical health care settings should be included as a placement for all st/n's
- Clinical partners to work in collaboration with HEI's
- Where does this paper go now? Who needs to read it?
- Holistic care...do we need to be more specific re screening etc.
- Health promotion groups at primary care level need to adopt approached for people with MH probs
- To connect with Rethink, Alzheimer's society etc
- NICE guideline needed?
- Do MHN's have the skills? For example weight, BMs & BP

Pat noted the above suggestions and ensuing discussion and will discuss further with Jacquie before making final version available.

All reminded to complete Ben Thomas's online survey- the deadline is 13.6.2014.

Item 4: NPNR News

Michael updated the group on this. A range of high quality key note speakers have been agreed for the conference this year.

Dates are 18th and 19th September 2014 at Warwick. All speakers have now been confirmed. Abstract applications are open until 30th April. More details here http://www.rcn.org.uk/newsevents/event_details/rcn_eventsms/npr14

Scientific committee met during the previous week chaired by Michael. Decisions on submissions to the conference are going out this week.

Michael encouraged members to recruit and raise awareness of the conference. Please can people contact Trust communications dept to include in newsletters etc.

Governance issues for NPNR: IH got draft drawn up by Laura Benfield re Service level agreement and terms. The chair of MHNAUK group sits on the organising committee and scientific committee for the NPNR. With expected turnover of members due to take place in the coming year there are also opportunities for others too and we hope to be able to announce these opportunities at the NPNR conference itself in September.

A reminder too that the Eileen Skellern award 2015 is now seeking nominations. Nominations please to Gary Winship, Sally Hardy, Russell Ashmore or Joy Duxbury

Item 5: A MHNAUK sponsored invited lecture

We could sponsor our own nurse academic lecture, to promote us and what we're interested in. Pitched to the room:

- General consensus: it's a good idea.
- How would it be different from a key-note?
- Could we youtube it?
- Publically engaged uni- make it a public lecture the night before one of this meeting, every time?- there would be a cost implication for this option
- The NPNR makes it cost neutral.
- ? one main lecturer at the main conf could be an open door session
- Fringe events at the conference?
- How to make it achievable?
- The person who gets asked could also present it at their own uni to put it on at their own uni as well.
- What would the ToR of that lecture be? Could the expectation be that it is delivered multiple times/ modes?

Michael was keen to make the lecture achievable and sustainable and hence avoid elaborate organisational responsibilities which would fall on future MHNAUK chairs hence the NPNR proposal. The general consensus was that MHNAUK should move forward on this proposal and Michael will recruit individuals to develop a proposal in more detail.

AOB: MHNAUK Journal Involvement

BH- current changes across established journals discussed

- Would there be advantages of the MHNAUK to affiliate with a specific journal?
- Previously a mixed
- Which journal?
- MH training, education and practice interested. Not a nursing journal, so maybe not?
- The positioning of this group and MH nursing- what do we want to be associated with?
- Should we be branching out?
- Links with the aims of this group
- Bring a short-list to the next meeting?
- Could we take an issue and supply copy? - additional pressure
- Guest issue possible? Onus on us to provide high quality papers to a deadline
- ? an open-access journal

The conclusion of this discussion which has now taken place over 3 consecutive meetings is that this group is not minded to pursue a link with a journal at present. Ben to communicate with the Journal of mental health training, education and practice on this.

Links with LD group

MHNAUK has an established link with the Strengthening the Commitment group and the LD nurse consultant group via Kath Padgett. Kath however is retiring in July and we need to nominate a replacement for her link role. This was presented to the meeting and members asked to think it over and get in touch with Michael on this.

Further Note: Thomas Currid has since volunteered for this role and Michael has now put Thomas and Kath in touch to action this.

Pre-reg interviewing scoping

KW & AM to circulate the questionnaire to revisit this scoping review- RESPONSES BY 15TH July 2014.

Next meeting October 16th 2014 Manchester University

Future dates and hosts for meetings

Date	Host	Link person
16 th October 2014	Manchester University	Steven Pryjmachuk and John Baker
10 th March 2015	York	Liz Hughes and Anita Savage-Grainge
Summer 2015	IoP	Len Bowers
Autumn 2015	UCLan, Preston	Joy Duxbury and co
Spring 2016	University of West of Scotland, Paisley	Billy Mathers and Austyn Snowden